



100 Mile & District Minor Hockey Association

Box 487

100 Mile House, BC V0K 2E0

E-mail:scheduling.omhmha@gmail.com

SCHEDULE Jan 19 - 25, 2026

Monday, Jan 19, 2026

5:30pm-6:30pm - U7 Rec Timbits (P) " "
6:45pm - 7:45pm - U11/U13 Female Rec Pharmasave (P)
8:00pm - 9:00pm - U13 Rec Forest Grove Legion - Pincott (P)

Tuesday, Jan 20, 2026

6:15am - 7:45am - U18 Tournament Team (P) **MORNING**
6:00pm - 7:00pm - U9 Rec Timbits (P)
7:15pm - 8:15pm - U11 Rec Dev AtoMc/Boreal West Forestry (P)
8:30pm - 9:45pm - U18 Rec Intercept K9 - Moore (P)

Wednesday, Jan 21, 2026

6:00pm - 7:00pm - U9 Rec Dev Timbits (P) *LAC LA HACHE*
7:00pm - 8:00pm - U13 Rec Dave's Decorative Concrete - McFarlen(P)
8:15pm - 9:30pm - U15/U18 Female Rec Red Rock Grill (P)

Thursday, Jan 22, 2026

6:00am - 7:30am - U11 Rec Dev AtoMc/Boreal West Forestry**MORNING**(P)
6:52pm - 7:52pm - U11 Rec AtoMc/Jayco Plumbing (P)
7:45pm - 9:00pm - U15 Rec Red Rock Grill (P)
; 8:15pm - 10:30pm - U18 Rec Ace Hardware/Cameo Plumbing - Burgess (P)

Friday, Jan 23, 2026

No Practices - Adult Tournament

Saturday, Jan 24, 2026

No Practices - Adult Tournament

Sunday, Jan 25, 2026

No Practices - Adult Tournament